

▼How to contact family members etc.

Name	Address or telephone number	Other (Blood type or other important info)

▼Where to contact in case of emergency

	Name	Telephone Number	Other
Municipalities			
Police Station			
Police Box			
Fire Station			
Electricity			
G a s			
Tap water			
Telephone			

▼Evacuation place etc.

Evacuation place	
Evacuation route	
What the family should know	



Discuss these things with your family BEFORE natural disasters occur.

FAMILY CHECKLIST

You can never know WHEN or WHERE natural disasters, such as earthquakes, will occur. Mental preparation and habitual preparation of goods are important. Please check what you have at home and prepare what you need. Go over everything with your family.



埼玉県警察シンボลมスコット
ポッポくん



Food and Clothing



Valuables



Necessary Items for Safety



Handy Items to Have

Saitama Prefectural Police Headquarters

Prefectural Police's Website:

[Http://www.police.pref.saitama.jp/kenkei/](http://www.police.pref.saitama.jp/kenkei/)

Food and Clothing				Valuables			
Water (3L per person is needed)		Food (for 3days)		Name seals		Cash (and coins)	
Retort pouch food		Canned food		IDs		Bankbooks etc.	
Clothing		Underwear		Handy Items to Have			
Milk powder/ Feeding bottles		Rain gear		Boxes of matches or cigarette lighters		Portable radio	
Disposable diapers		Towels or blankets		Flashlights, candles		Spare batteries	
Necessary Items for Safety				Wet wipes		Pens or pencils, memos	
Medical supplies for emergency		Medicines kept at home		Plastic bags		Plastic sheets	
Cotton work gloves, flu masks		Shoes, socks		Packing tape		Portable stove	
Helmets or hats				Sleeping bags		Toys	

Valuables taken from your house should be kept in your possession at all times.

